

SPA HOT LIST

Innovative workouts, flashy sports bras, and facials that really deliver—how three strong, stylish women take care of their skin, bodies, and minds.



Serena Williams TENNIS PLAYER

Williams, winner of numerous Grand Slam singles and doubles titles, is coming out with an autobiography, *On the Line* (Grand Central Publishing), this month. She also dabbles in beauty and fashion with her partnership in Mission skin care and a line of clothing and accessories called Aneres.

Arugula salad with Parmesan. "After a hard workout, I reward myself with this."

Nike '76 leather Club bag. "I take this to the gym. I love the big lettering—it looks so retro."



Bliss Spa Los Angeles. "The pedicure is my favorite treatment—I love getting my feet massaged."

Lancôme Définicils Waterproof Mascara. "Sometimes before a workout, I put on a couple of coats of mascara."



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