

## shape of beauty awards



The new products and procedures our editorial advisory board members have voted the best:

**BEST NEW INJECTABLE** *Juvederm XC* (from \$650 per syringe) The original Juvederm (shown here)—a filler made from hyaluronic acid, a hydrating ingredient that's found naturally in your body—has been a dermatologist staple since the FDA approved it in 2006. It's used primarily to plump up moderate to severe wrinkles around the mouth and nose. Now a new version, Juvederm XC, containing 0.3 percent lidocaine, is pending FDA approval. "It gives the same natural and long-lasting results, but without the pain when you inject it," says Tedaldi.

**BEST NEW AT-HOME DEVICE** *Nostrigone Healthy Skin Regulator* (\$40; at drugstores) "I think this exfoliating kit may actually be better than an in-office microdermabrasion treatment," says Downie. "It's an effective, economical option for brightening and evening skin tone." The handheld, battery-operated applicator comes with single-use puffs that contain ultrafine crystals to smooth skin, plus glycerin to soothe and hydrate. In company studies, regular use has been shown



**BEST NEWCOMER** *Mission Skincare High-Performance Anti-Friction Cream* (\$13; [missionskincare.com](http://missionskincare.com)) *Shape* readers and editors loved this new line designed by athletes (including tennis star Serena Williams, soccer player Mia Hamm, and gold medal swimmer Amanda Beard). It includes eight innovative products, such as sunscreen, lip balm, and foot gel, all made to stand up to the demands of an active lifestyle. But our testers deemed the Anti-Friction Cream the standout star. The multipurpose, silicone-based balm stops chafing and irritation caused by rubbing. "I slathered it on my feet before a long day of walking around the city in brand-new strappy sandals," reported one. "Not only did the product stay on for hours, but at the end of the day, my feet were blister-free."

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**Mary Bernis** is a law expert who launched *inStyle* [www.instyle.com](http://www.instyle.com) and is the founding editor in chief of *Organic Spa* magazine. When testing products, she looks for efficacy and overall feel.



**Jeanine Downie, M.D.**, is the director of *Image*.



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